



Upcoming Cityparents Events

2021

12 January	Webinar: Career progression when working remotely	●
13 January	Short: Make homework a happy habit	●
14 January	Webinar: Mastering emotional intelligence	●
14 January	Support Group: Parents of LGBTQ+ children	●
18 January	Seminar: Fussy eaters	●
19 January	Coaching Group: Re-energise your career	●
20 January	Webinar: Raising girls, raising boys	●
20 January	Short: Delivering with clarity, power and emotion	●
20 January	Support Group: Parents of disabled children	●
21 January	Webinar: Managing diverse teams	●
25 January	Webinar: Agile and flexible working	●
26 January	Webinar: How work has changed in ways that we've recognised (and not) in the Covid era	●
27 January	Webinar: Better relationships at work and at home	●
27 January	Short: Managing parental stress	●
28 January	Webinar: LGBTQ+ inclusion at work	●
2 February	Webinar: Protecting children's mental health	●
3 February	Webinar: Empathy the new superpower	●
3 February	Short: Tame your inner critic	●
9 February	Webinar: Benefiting from mindfulness	●
10 February	Webinar: Creating a love of sport	●
22 February	Webinar: The sandwich generation	●
23 February	Webinar: Imposter syndrome	●
25 February	Webinar: The way of the productivity ninja	●
1 March	Webinar: Wellbeing and resilience for sustainable performance	●
2 March	Speaker Series Webinar: Professor Susan Golombok - We are family	●



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Upcoming Cityparents Events (continued)

2021

3 March	Support Group: Carers of elderly relatives	
8 March	Webinar: Stress reduction skills	
10 March	Webinar: Chalk and cheese parenting	
15 March	Webinar: Persuasive influence	
16 March	Webinar: Talking about sex and sexuality with your growing child	
18 March	Webinar: Parenting children with SEN	
22 March	Webinar: Single parents matter	
24 March	Webinar: Quiet your negative inner voice	
25 March	Webinar: Thinking differently about failure	
29 March	Seminar: Wellbeing - Happiness - Flourishing	
20 April	Webinar: Understanding naughty	
21 April	Webinar: Hacking Inclusion	
22 April	Seminar: Mastering the art of difficult conversations	
26 April	Webinar: The power of gratitude	
28 April	Webinar: Gender bias	
29 April	Webinar: Supporting children with their GCSE and A-level exams	
4 May	Webinar: Planning for parenthood	
5 May	Seminar: Teens and screens	
10 May	Webinar: Leveraging the power of a diverse workforce	
11 May	Support Group: IVF and Fertility	
12 May	Webinar: Raising happy confident kids	
13 May	Webinar: Coach yourself: Getting out of a dip in morale	
17 May	Webinar: Living with dementia	
18 May	Webinar: Nutritional secrets for good sleep	
19 May	Seminar: Self-care and the myth of multi-tasking	
25 May	Seminar: Building and communicating your personal brand	
27 May	Webinar: Building childrens self-esteem	
8 June	Webinar: Maximising potential in children who are wired differently	
9 June	Webinar: Exploring your purpose in career and life	



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Upcoming Cityparents Events (continued)

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10 June	Webinar: Working and caring	
15 June	Webinar: Supporting parents, families and their LGBTQ+ children	
22 June	Seminar: How to be a more confident you!	
23 June	Webinar: It's not you, it's your hormones!	
28 June	Webinar: Remote presence	
30 June	Seminar: Resilient parenting	
1 July	Webinar: Choosing a school	
6 July	Seminar: Communicating with teenagers	
12 July	Webinar: Be truly heard in life and in business	



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